



As a not-for-profit organization, YSSN supports children and adults with developmental disabilities, mental health needs, and people experiencing crisis.

With direct 24/7 crisis support, access services and service coordination, YSSN provides a streamlined process for people to navigate the right supports for their unique needs, at the right time, across every stage of their lives.



1-866-257-9776

Tel: **905-898-6455** TTY: **1-866-323-7785**

Need help, need hope?
Call our 24/7 Crisis helpline:
1-855-310-COPE (2673)

Thinking about suicide
or worried about someone else?
Call the Suicide helpline: **9-8-8**

3 – 240 Edward Street
Aurora, ON L4G 3S9

Our office is open to the public
Mon-Fri, 8:30am – 4:30 pm
Walk-ins are welcome

YSSN.ca



YSSN offers services throughout
York Region and beyond.

It's your journey, it's your way.



CARF has accredited YSSN for its Access Services, Coordination Services and Crisis Services.

Charity Reg. #: 108226606RR0001

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Your Support Services Network

YSSN is a hub for Developmental, Mental Health, Crisis, and Children's Services that connects people to the services and supports they need to live their best lives.



YSSN is here to help build connections that support you through your life's journey.

YSSN's Crisis Services

are here for you 24/7 – you are not alone! Our caring team will meet you where you are and walk with you through your crisis.

We connect people and/or families in crisis to the right community resources, supports and services to meet their immediate needs. Get support by telephone, online chat, or text messaging.

"YSSN found me an emergency bed... I was finally safe and had food to eat. Without YSSN helping me that day, I don't know if I would be who I am today. Now I am living a life that I am in charge of."

YSSN's Access Services

is the best place to start when you're looking for support. One door leads to an array of resources, supports and services you and your family need.

We provide seamless and equitable access to the right developmental services, mental health and addictions care, at the right time.

Our care team will work with you to help find you the right programs and services for your journey.

"My son and our family went through the most difficult time of our lives. Our case manager was there for us every step of the way... With the support of YSSN, we are now enjoying a healthy and happy family life again."

YSSN's Coordination Services

support you in developing your life goals. No matter where you are on your life's journey, our team is here to support you and connect you with the services and supports you need to succeed.

Our team is fully invested in your journey! We connect people with complex needs, developmental disabilities, mental illness, addiction, or homelessness to resources, supports and services available through community programs and partners. Get connected to peer supports that link individuals, families, and caregivers who have journeyed along similar paths.

"YSSN's workers are as important to my over-all mental well-being as my psychiatrist and medication. These people really care!"

YSSN is here for you! We provide our services how and where they will best support you. There is no fee for our services.

