



About YSSN

Your Support Services Network (YSSN) is a not-for-profit organization that connects people, along with their families and caregivers, to the services and supports they need to live their best lives. As a social services hub, we support children and adults with developmental disabilities, mental health needs, and people experiencing crisis.

With direct 24/7 crisis support, access services and service coordination, YSSN provides a streamlined process for people to navigate the right supports for their unique needs, at the right time, across every stage of their lives.

**Your Support Services Network
is here for you.**



1-866-257-9776

Tel: **905-898-6455** Fax: **905-898-1171**

TTY: **1-866-323-7785**

Need help, need hope?
Call our 24/7 crisis helpline:
1-855-310-COPE (2673)

Thinking about suicide
or worried about someone else?
Call the suicide helpline: **9-8-8**

YSSN.ca



YSSN offers services throughout
York Region and beyond.

It's your journey, it's your way.



CARF has accredited YSSN for its Access Services,
Coordination Services and Crisis Services.

Charity Reg. #: 108226606RR0001

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**Access
Services**

**We are here to help you
access the right support at
the right time.**

YSSN's Access Services is the best place to start when you're looking for support!

Our team will work with you to help find you the right programs and services for your journey.



If you have a **child/youth with complex social, emotional, developmental, and or physical needs**, we connect you to available services and supports. We also help families who have a child diagnosed with autism from infancy to age 17.

Contact YSSN's Developmental Services Access at 905-953-8354 or toll-free 1-833-953-8354.



If you are 16 years and older and need help with your **mental health and/or addiction**, we connect you to services and housing supports in your community. Our caring team will work with you to create a plan that helps you achieve your goals.

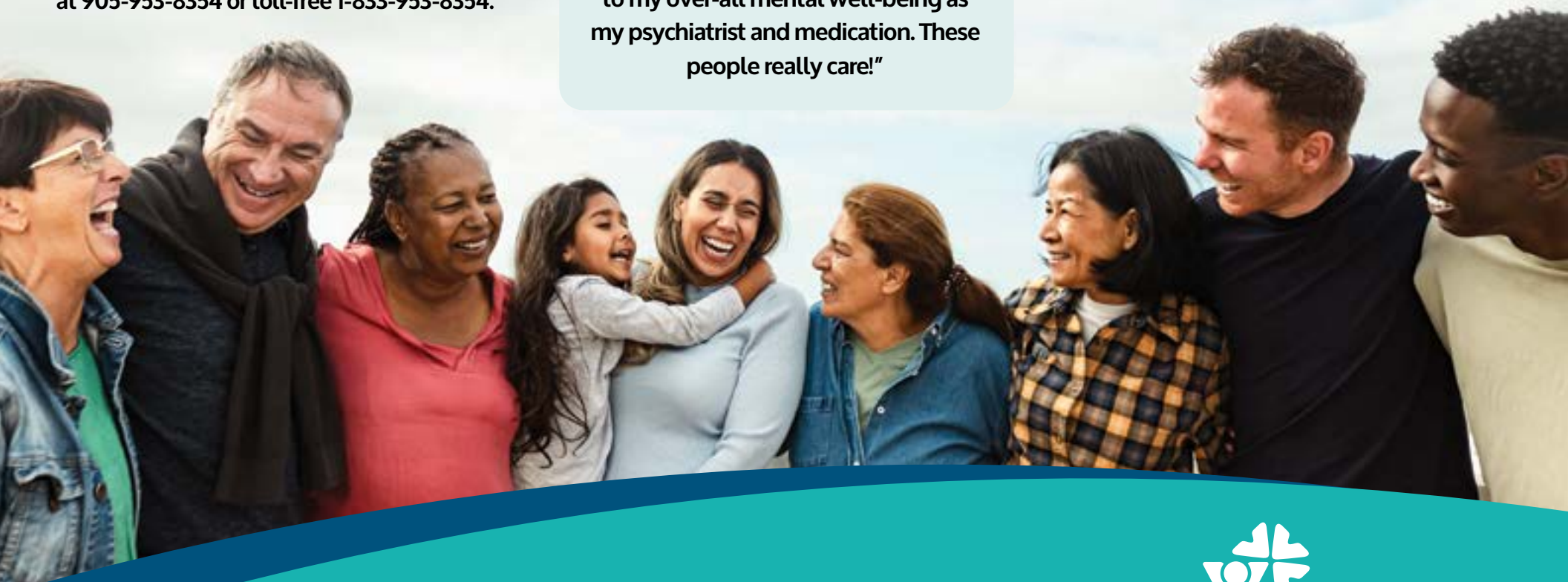
Contact Streamlined Access at 289-340-0348 or toll-free 1-844-660-6602.



If you are an **adult with a developmental disability**, we connect you to available services and supports so that you can become more independent and actively involved in your community.

Contact Developmental Services Ontario Central East Region at 905-953-0796 or toll-free 1-855-277-2121.

"YSSN's workers are as important to my over-all mental well-being as my psychiatrist and medication. These people really care!"



YSSN is here for you! We provide our services how and where they will best support you. There is no fee for our services.

